

Dear Colleagues,

We are writing to remind faculty advisors of the requirements of **our Trinity Plus Curriculum**, which affects all students who began at Trinity in fall 2021 or later (including transfer students who might be graduating this year).

On your students' advising transcript, on the left below the list of requirements, you'll see the number of credits required for graduation. For most current seniors, that number is 34.5, from the old curriculum. **For students who matriculated in or after fall 2021, that number is 35.** Of those, 32 must be academic credits; the rest are a part of students' Trinity "Plus" and can either be **co-curricular credits**— internships, TA-ships, Research Assistantships—or they, too, can be traditional academic credits. In any case, students should know that taking only four academic credits per semester throughout their four years isn't enough unless they came in with AP credits, or take J-term or summer classes.

Academic advising can play a significant role in encouraging each student to create their own version of the "Plus." By the time they are sophomores, they should be thinking about the kind of additional credits, beyond the 4-credit semester minimum, that will suit their own interests and abilities. For example, they might pursue an [Experiential Certificate](#), take a J-term or summer course, consult with the [Center for Career and Life Design](#) about internships, or seek a TA or research-assistant position. Alternatively, they might prefer to add additional academic credits to the minimum of 4 per semester, or they might already be heading to 35 with a combination of extra quarter, half, full, and/or AP credits.

As you know, the Trinity Plus Curriculum also includes a **Wellness requirement. This is entirely separate from the 35 credits they need to graduate**—students can find wellness experiences under the "Wellness" tab in the schedule of classes, which can include any season(s) playing intercollegiate sports; they **need two Wellness experiences** to graduate.

We in the Center for Academic and Experiential Advising are here to assist you with these and other advising matters—please reach out if you have questions.